

# Uttaranchal Medical College of Ayurveda & Research, Premnagar, Dehradun

Time- Table BAMS (Batch 2025) wef: 30.03.2026

Date: 27.03.2026

Days/Time	9:30 AM to 10:30 AM	10:30 AM to 11:30 AM	11:30 AM to 12:30 PM	12:30 PM to 1:30 PM	1:30 PM to 02:30 PM	2:30 PM to 4:00 PM	2:30 PM to 4:00 PM
<b>Monday</b>	Samhita Adhyaya-I (LH) (Dr. Savita Pawar) Associate Prof.	Rachna Sharir (LH) (Dr. Govind Malik) Professor	Kriya Sharir (LH) (Dr. Vidyarani Joshi) Associate Prof.	Lunch	Padarth Vignan (LH) (Dr. Vibhooti) Professor	Rachna Sharir Batch-B (Practical/ NLH) (Dr. Govind Malik) Professor	Kriya Sharir Batch-A (Practical/ NLH) (Dr. Richa Bhatt) Assistant Prof.
<b>Tuesday</b>	Samhita Adhyaya-I (NLH) (Dr. Savita Pawar) Associate Prof.	Rachna Sharir (LH) (Dr. Nandini Mishra) Associate Prof.	Sanskrit & Ayurved Itihas (LH) (Dr. Deepak P. Raturi) Assistant Prof.	Lunch	Padarth Vignan (LH) (Dr. Vibhooti) Professor	Kriya Sharir Batch-B (Practical/ NLH) (Dr. Vidyarani Joshi) Associate Prof.	Rachna Sharir Batch-A (Practical/ NLH) (Dr. Govind Malik) Professor
<b>Wednesday</b>	Kriya Sharir (LH) (Dr. Richa Bhatt) Assistant Prof.	Rachna Sharir (LH) (Dr. Nandini Mishra) Associate Prof.	Samhita Adhyaya-I (NLH) (Dr. Preeti Vashist) Assistant Prof.	Lunch	Sanskrit & Ayurved Itihas (LH) (Dr. Deepak P. Raturi) Assistant Prof.	<b>1st Wednesday</b> 2:30 PM - 3:15 PM Integration Classes	<b>1st Wednesday</b> 3:15 PM - 4:00 PM Integration Classes
						<b>2nd Wednesday</b> 2:30 PM - 3:15 PM Tutorial Class-Batch A Library -Batch B	<b>2nd Wednesday</b> 3:15 PM - 4:00 PM Tutorial Class-Batch B Library -Batch A
						<b>3rd Wednesday</b> 2:30 PM - 3:15 PM Integration Classes	<b>3rd Wednesday</b> 3:15 PM - 4:00 PM Integration Classes
						<b>4th Wednesday</b> 2:30 PM - 3:15 PM Language Lab-Batch A Library -Batch B	<b>4th Wednesday</b> 3:15 PM - 4:00 PM Language Lab-Batch B Library -Batch A
<b>Thursday</b>	Kriya Sharir (LH) (Dr. Santosh Kodag) Professor	Rachna Sharir (NLH) (Dr. Nandini Mishra) Associate Prof.	Samhita Adhyaya-I (NLH) (Dr. Preeti Vashist) Assistant Prof.	Lunch	Sanskrit & Ayurved Itihas (NLH) (Dr. Deepak P. Raturi) Assistant Prof.	Rachna Sharir Batch-B (Practical/ NLH) (Dr. Lipi Raturi) Assistant Prof.	Kriya Sharir Batch-A (Practical/ NLH) (Dr. Santosh Kodag) Professor
<b>Friday</b>	Rachna Sharir (LH) (Dr. Lipi Raturi) Assistant Prof.	Sanskrit & Ayurved Itihas (NLH) (Dr. Deepak P. Raturi) Assistant Prof.	Padarth Vignan (NLH) (Dr. Savita Pawar) Associate Prof.	Lunch	Padarth Vignan (Practical) (Dr. Preeti Vashist) Assistant Prof.	Kriya Sharir Batch-B (Practical/ NLH) (Dr. Richa Bhatt) Assistant Prof.	Rachna Sharir Batch-A (Practical/ NLH) (Dr. Lipi Raturi) Assistant Prof.
<b>Saturday</b>	Rachna Sharir (LH) (Dr. Lipi Raturi) Assistant Prof.	Samhita Adhyaya-I (LH) (Dr. Preeti Vashist) Assistant Prof.	Kriya Sharir (LH) (Dr. Richa Bhatt) Assistant Prof.	Lunch	Samhita Adhyayan-I (NLH) (Dr. Savita Pawar) Associate Prof.	<b>2:30 PM - 3:15 PM</b> Rachana Sharir (Skill Lab/ NLH) (Dr. Nandini Mishra) Associate Prof.	<b>3:15 PM - 4:00 PM</b> Sanskrit & Ayurved Itihas (NLH) (Dr. Deepak P. Raturi) Assistant Prof.

*Nandini*  
27/3/26

**Dr. Nandini Mishra**

Academic Coordinator  
Academic Coordinator

Uttaranchal Medical College  
of Ayurveda & Research  
Premnagar, Dehradun-UK

*Vibhooti*  
27/3/26

**Dr. Vibhooti Chandrakar**

**Principal (UMCAR)**

Principal

Uttaranchal Medical College  
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Premnagar, Dehradun-UK

