



OFFICE ORDER

Subject: Cultural Committee for Academic Year 2024-2025

In compliance with institutional guidelines and to foster cultural enrichment, ethical values, and the promotion of Ayurveda traditions, the Competent Authority of Uttaranchal Medical College of Ayurveda and Research, Premnagar, Dehradun, is pleased to constitute the "Cultural Committee" for the academic year 2024-2025.

This committee shall be responsible for organizing cultural activities, promoting Ayurveda's cultural and ethical values, and ensuring compliance with the institutional Code of Ethics at all levels.

The details of the committee members are as follows:

Sr. No.	Name & Designation	Membership	Mobile No.
1.	Dr. Ravi Joshi (Principal, UMCAR)	Chairperson	8979667108
2.	Dr. Vibhooti Chandrakar (Professor, Samhita Sidhanta Department)	Member	7248788958
3.	Dr. Preeti Vashist (Assistant Professor, Samhita Sidhanta Department)	Member	9711244107
4.	Dr. Shivangi (Assistant Professor, Rachna Sharir Department)	Member	7310897172
5.	Dr. Deepak Prasad Raturi (Assistant Professor, Samhita Sidhanta Department)	Coordinator	8057724430
6.	Dr. Satvinder (RMO)	Member	9149067700
7.	Dr. Bushra Aziz (RMO)	Member	7017972900
8.	Ms. Kritika Agarwal, (1 st year B.A.M.S student)	Member	7060893708
9.	Ms. Sunanda sharam, (1 st year B.A.M.S student)	Member	9352919047
10.	Ms. Shreya Tiwari, (1 st year B.A.M.S student)	Member	8619037415
11.	Ms. Vanshika Sharma, (1 st year B.A.M.S student)	Member	8958581237

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Responsibilities of the Cultural Committee:

- a) Promotion of Ayurveda Traditions: Organizing cultural events and activities that reflect and celebrate the ancient wisdom and traditions of Ayurveda.
- b) Ethical Compliance: Ensuring that all cultural initiatives uphold the Code of Ethics and professional integrity of the institution.
- c) Cultural Awareness: Promoting awareness of Ayurveda values and practices among students, faculty, and the community through workshops, seminars, and events.
- d) Integration of Ayurveda and Culture: Coordinating events that integrate cultural heritage with Ayurveda principles, such as Ayurveda lifestyle practices, yoga, and traditional Indian festivals.
- e) Encouragement of Talent: Identifying and nurturing the cultural talents of students and faculty to enhance creativity and engagement.
- f) Representation in Events: Encouraging and facilitating participation in inter-collegiate and state-level cultural competitions with a focus on Ayurveda and traditional themes.
- g) Hosting Ayurveda Celebrations: Organizing events to celebrate significant days like Dhanvantari Jayanti, World Ayurveda Day, and International Yoga Day.
- h) Hands-on Activities: Promoting activities like herbal garden tours, Ayurveda culinary workshops, and Panchakarma awareness programs to blend practical knowledge with cultural education.
- i) Documentation: Maintaining detailed records of cultural activities, achievements, and participation, and submitting regular reports to the Competent Authority.
- j) Collaboration with Departments: Coordinating with Panchakarma, Samhita, and other departments to ensure cultural activities align with Ayurveda education and practices.
- k) Inclusivity: Ensuring all cultural initiatives are inclusive, engaging students and faculty from diverse backgrounds.

Instructions for the Committee:

- a) The Chairperson shall convene monthly meetings of the Cultural Committee to plan and review activities.
- b) Minutes of the meetings must be documented, and a copy should be submitted to the undersigned for review and record-keeping.
- c) The Committee is required to prepare an annual calendar of cultural activities and ensure its timely execution.
- d) This Committee shall come into effect from 11th December 2024 and will remain operational for the academic year 2024-2025.

All concerned are requested to take note and comply accordingly.


Dr. Ravi Joshi
Principal

Uttaranchal Medical College of Ayurveda & Hospital
Premnagar, Dehradun

Principal

**Uttaranchal Medical College
of Ayurveda & Research
Premnagar, Dehradun-UK**

CC to:

- ❖ All Concerned
- ❖ Guard file