



Ref: UMCAR/2024-25/09

Dated: 11.12.2024

OFFICE ORDER

Subject: Constitution of Sanskrit Club for the Academic Year 2024-2025

In compliance with institutional guidelines and for the promotion of Sanskrit proficiency and preservation of Ayurveda's linguistic and cultural heritage, the Competent Authority of the College is pleased to constitute the "Sanskrit Club" for the academic year 2024-2025.

The details of the members are as follows:

Sr. No	Name & Designation	Membership	Mobile No.
1.	Dr. Ravi Joshi (Principal, UMCAR)	Chairperson	8979667108
2.	Dr. Deepak Prasad Raturi (Assistant Professor, Samhita & Siddhanta)	Secretary	8057724430
3.	Dr. Vibhooti Chandrakar (Professor, Samhita & Siddhanta)	Faculty Representative	7248788958
4.	Dr. Rajeev Kumar (Professor, Rachna Sharir Department)	Faculty Representative	9896559180
5.	Dr. Vidya Rani Joshi (Associate Professor, Kriya Sharir)	Faculty Representative	7895819853
6.	Dr. Savita Pawar (Associate Professor, Samhita Sidhanta Department)	Member	9407880852
7.	Dr. Preeti Vashist (Assistant Professor, Samhita Sidhanta Department)	Member	9711244107
8.	Dr. Shivangi (Assistant Professor, Rachna Sharir Department)	Member	7310897172
9.	Ms. Khushi Gupta, (1 st year B.A.M.S student)	Member	6388722560
10	Ms. Shreya Vijay patil, (1 st year B.A.M.S student)	Member	9834950522
11	Ms. Ayushi Panthari, (1 st year B.A.M.S student)	Member	9760475791
12	Ms. Khushi uniyal, (1 st year B.A.M.S student)	Member	9634176776

Contd....2

Activities under the Sanskrit Club (As per NCISM Guidelines):

- a) Shloka Pathan (Recitation)
 - Regular sessions for chanting and understanding verses from Charaka Samhita, Sushruta Samhita, and other classical texts.
- b) Sanskrit Week Celebrations
 - Observing Vishwa Sanskrit Din and organizing related events.
- c) Competitions
 - Shloka chanting, essay writing, debates, and quizzes in Sanskrit.
- d) Text Reading Sessions
 - Group study and discussion of Samhitas with emphasis on Sanskrit language.
- e) Cultural Activities
 - Sanskrit dramas, poetry recitations, and storytelling based on Ayurvedic concepts.
- f) Lectures by Scholars
 - Inviting Sanskrit and Ayurveda experts for knowledge enhancement.
- g) Translation Exercises
 - Translating classical Sanskrit verses into simple Sanskrit and modern languages.
- h) Resource Creation
 - Developing Sanskrit learning aids for students and faculty.
- i) Sambhashana Shivira (Spoken Sanskrit Camp)
 - Organizing interactive camps to encourage students and faculty to converse in Sanskrit.
- j) Samhita Parayana (Textual Study Program)
 - Systematic study and analysis of classical Ayurvedic texts like Charaka Samhita, Sushruta Samhita, and Ashtanga Hridaya.

The above activities shall be conducted under the guidance of the Chairperson and Advisory Committee. All concerned are requested to actively participate and contribute to the success of the Sanskrit Club.

This order comes into effect from 11th December 2024 and remains operational for the academic year 2024-2025.

All concerned are requested to take note and comply accordingly.

Dr. Ravi Joshi
Principal

Uttaranchal Medical College of Ayurveda & Hospital
Premnagar, Dehradun
Principal

Uttaranchal Medical College
of Ayurveda & Research
Premnagar, Dehradun-UK

CC to:

- ❖ All Concerned
- ❖ Guard file